



# Convert Hours and Days

Grade 5

Name: \_\_\_\_\_

Convert using 1 day = 24 hours.

Multiply by 24 to convert days to hours. Divide by 24 to convert hours to days.

**Example:** 2 days = 48 hr

(1) Convert 6 days to  
hours. \_\_\_\_\_ hr

(2) How many days  
are in 192 hours?  
\_\_\_\_\_ days

(3) A task takes  $3\frac{1}{2}$  days to  
complete. How  
many hours is this?  
\_\_\_\_\_ hr

(4) If a train journey  
lasts 60 hours, how  
many days is that?  
\_\_\_\_\_ days

(5) Sarah worked for 4  
days and an  
additional 12 hours.  
What is the total  
number of hours  
Sarah worked?  
\_\_\_\_\_ hr

(6) A continuous  
experiment ran for  
156 hours. How  
many days did the  
experiment run?  
\_\_\_\_\_ days

(7) A construction  
project is  
scheduled to last  
for 15 days. How  
many hours is this  
duration?  
\_\_\_\_\_ hr

(8) A power outage  
lasted for 210  
hours. Express this  
duration in days.  
\_\_\_\_\_ days

(9) Convert  $1\frac{1}{4}$   
days into hours.  
\_\_\_\_\_ hr



(10) A marathon runner trained for 42 hours. How many days did the runner train?  
\_\_\_\_\_ days

