



Food & Flavor

Grade 1

Name: _____

Read each sentence about food. Circle FACT if it can be proven. Circle OPINION if it tells what someone thinks or feels.

Remember: facts can be checked. Opinions use feelings and words like "best," "gross," "delicious," or "I love."

(1) Strawberries grow on plants. 

(A) Fact (B) Opinion

(2) Pancakes are better than waffles. 

(A) Fact (B) Opinion

(3) Apples can be red or green. 

(A) Fact (B) Opinion

(4) Spinach tastes yucky to eat. 

(A) Fact (B) Opinion

(5) Milk comes from cows. 

(A) Fact (B) Opinion

(6) Hot dogs are the best food. 

(A) Fact (B) Opinion



(7) Carrots are good for your eyes. 🥕

(A) Fact (B) Opinion

(8) Eating candy is always fun. 🍬

(A) Fact (B) Opinion

(9) Bread is made from flour. 🍞

(A) Fact (B) Opinion

(10) Watermelon has many seeds. 🍉

(A) Fact (B) Opinion

