



Food & Flavor

Grade 3

Name: _____

Read each sentence about food. Circle FACT if it can be proven. Circle OPINION if it tells what someone thinks or feels.

Remember: facts can be checked. Opinions use feelings and words like "best," "gross," "delicious," or "I love."

(1)  Honey can last for thousands of years without spoiling.


(A) Fact (B) Opinion

(2)  Sushi is the most delicious food ever created.

(A) Fact (B) Opinion

(3)  Bananas are technically considered berries by botanists.


(A) Fact (B) Opinion

(4)  Spinach tastes better when it is cooked.

(A) Fact (B) Opinion

(5)  Apples contain seeds in their core.

(A) Fact (B) Opinion

(6)  Pancakes are a perfect breakfast food.

(A) Fact (B) Opinion



(7) 🥕 Carrots are root vegetables that grow underground.

(A) Fact (B) Opinion

(8) 🍊 Oranges are more refreshing than apples.

(A) Fact (B) Opinion

(9) 💧 Water boils at 212 degrees Fahrenheit at sea level.

(A) Fact (B) Opinion

(10) 🧀 Cheese is made from milk.

(A) Fact (B) Opinion

