



Read the food passage. Classify each statement as FACT or OPINION and explain your answer.

Food facts: history, ingredients, production numbers. Food opinions: taste, rankings, what foods are "best" or "most popular."

## The Art of Sushi: A Japanese Delight



Sushi's history began in Southeast Asia, not Japan. Originally, fish was fermented with rice to preserve it, a method that traveled to Japan over 1,000 years ago. The rice was thrown away after the fish was eaten. This early form of sushi was a way to keep fish fresh for longer journeys.

The sushi we know today developed in Japan during the Edo period (1603-1868). A chef named Hanaya Yohei in Edo (now Tokyo) is often credited with creating nigiri sushi, which is fresh seafood placed on a small mound of vinegared rice. This quick, delicious meal became popular street food.

Today, sushi is enjoyed all over the world. There are over 15,000 sushi restaurants in the United States alone. Many types of sushi exist, including maki (rolled sushi with seaweed), nigiri (fish on rice), and sashimi (sliced raw fish without rice). A typical sushi roll contains rice, seaweed (nori), and various fillings like fish or vegetables.

Chef Kenji Tanaka, a renowned sushi master, believes that "sushi is the most beautiful and delicate food in the world." Food critics often say that "eating sushi is an unforgettable experience for anyone who loves seafood." While some argue that all sushi is healthy, the nutritional content can vary greatly depending on the ingredients. The global sushi market was valued at over \$20 billion in 2023. 🍣

### COMPREHENSION QUESTIONS



(1) "Sushi's history began in Southeast Asia, not Japan." Is this a FACT or OPINION?

- A Fact    B Opinion

(2) "Chef Kenji Tanaka, a renowned sushi master, believes that 'sushi is the most beautiful and delicate food in the world.'" Is this a FACT or OPINION?

- A Fact    B Opinion

(3) "There are over 15,000 sushi restaurants in the United States alone." Is this a FACT or OPINION?

- A Fact    B Opinion

(4) "Eating sushi is an unforgettable experience for anyone who loves seafood." Is this a FACT or OPINION?

- A Fact    B Opinion

(5) Explain why "A chef named Hanaya Yohei in Edo (now Tokyo) is often credited with creating nigiri sushi" is a fact, and why the idea that "all sushi is healthy" is an opinion.

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